

HET - Standard 5 Day					
Date / Time	Day 1	Day 2	Day 3	Day 4	Day 5
0730	Course Intro	Review Standard First Aid	Convoys & Driving Abroad	MOB Violence & Active Shooter Threat	
0800		Enhanced First Aid Classroom			
	Explosive Threats Practical - Round Robin		Exercise Brief	Practical Confirmation Exercise # 3	
0900					PSTC Command Team Address & Photo
1000	Captivity Avoidance and Survival	1. Stretcher and Vehicle Extraction 2. CASEVAC, Triage & MIST	Explosive Threats Practical - Round Robin	Exercise Brief	Practical Confirmation Exercise # 3
1100					
1200	Box Lunch	Box Lunch	Lunch at Rutledge Hall	Box Lunch	Lunch at Rutledge Hall
1300	Captivity Avoidance and Survival	Box Lunch	Explosive Threats Practical	Practical Confirmation Exercise # 2 - Round Robin	Lunch at Rutledge Hall
1400		Enhanced First Aid Practical - Continued	Explosive Threats Practical		
1500	Captivity Avoidance and Survival	3. Managing Massive Bleeds (Wound Packing) 4. Tourniquets	Practical Confirmation Exercise # 1 - Round Robin	Practical Confirmation Exercise # 2 - Round Robin	Lunch at Rutledge Hall
		Tpt to 600m Range	Practical Confirmation Exercise # 1 - Round Robin		
	PPE Exchange	Firearm Demonstration	Practical Confirmation Exercise # 1 - Round Robin	Practical Confirmation Exercise # 2 - Round Robin	Lunch at Rutledge Hall
1600	Employ Communication Equipment	Firearm Recognition and Rendering Safe			
1700	Daily Wrap up / Dismissal				

HET Classroom (Rm 137) Other PSTC Classrooms Outdoors

HET - 3 Day			
Date / Time	Day 1	Day 2	Day 3
0730	Course Intro	Standard First Aid Review	Active Shooter & Mob Violence
0800		Tourniquet Theory	
		Personal Protective Equipment Issue Standards Brief PSTC Command Team Address & Photo Captivity Avoidance & Survival	
0900	Final Exercise Brief		
1000	<u>Final Exercise Round Robin</u>		
1100			Box Lunches
1200	Box Lunch	Box Lunch	Equipment Turn In
1300	Captivity Avoidance & Survival	Firearm Demonstration	
1400		Explosive Threats	
1500	PPE Exchange	Stress & Performance	
1600	Convoys / Driving Abroad	Firearm Recognitions and Rendering Safe	Closing Remarks & Certificates
	Daily Wrap Up		Dismissal, Participants clear out of rooms and turn in keys before departing Kingston
1700		Daily Wrap up	
	HET Classroom (Rm 137)	Other PSTC Classrooms	Outdoors

HET - 3 Day - Group Transport			
Date / Time	Day 1	Day 2	Day 3
0730	Participants Travel to PSTC (ETA 0945)	Standard First Aid Review	Active Shooter & Mob Violence
0800		Tourniquet Theory	
0900		<u>First Aid Round Robin</u> 1. Stretcher and Vehicle Extraction 2. CASEVAC, Triage & MIST 3. Managing Massive Bleeds (Wound Packing) 4. Tourniquets	
			Accom. Key Turn in
1000			Course Intro
	PSTC Comd Team Welcome, Course Photo, PPE Issue		
1100	PSTC Standards Brief		
	Captivity Avoidance & Survival		
1200	Box Lunch		
		Box Lunch	Firearm Demonstration Explosive Threats Equipment Turn In
1300	Captivity Avoidance & Survival		
1400			
1500		Stress & Performance	
			Closing Remarks & Certificates
1600		Firearm Recognitions and Rendering Safe	Participants Depart (ETD 1630)
	Daily Wrap Up		
1700		Daily Wrap up	
	HET Classroom (Rm 137)	Other PSTC Classrooms	Outdoors